

(Inside Flap)



349mm x 72mm

Softcover Journal Bellyband (Front)

(Inside Flap)



Bleed Area: 353mm x 76mm

Extend your background to fill the full 'bleed area' – it'll make sure you don't end up with white edges when your item is trimmed.



Trim: 349mm x 72mm

This is where we aim to cut your item.



Safe Area: 345mm x 68mm

Keep all the important bits of your design – text, logo, icons – inside this area. (Not your background – that still needs to run to the edges of bleed.)



Fold Lines

Do

- Edit and save your file in **CMYK**. We use ICC Profile: **coated GRACoL 2006**
- **Outline your text** before saving (select all of the layers, click "type" in the menu, select "create outlines").
- Text and images? Save your file as a **PDF/x-1a**.
- Just a photograph? Save as a high resolution JPEG (only if there's no text at all).
- **Delete the artwork guidelines group layer before saving**

Don't

- Flatten your layers or image before saving – it'll reduce your print quality.
- Add additional bleed or print/crop marks to your files – just save your file to the size of this template.
- Save as a multiple page PDF – each design will need to be uploaded individually to **moo.com**